



Acoustic waves and detectability of first-order phase transitions

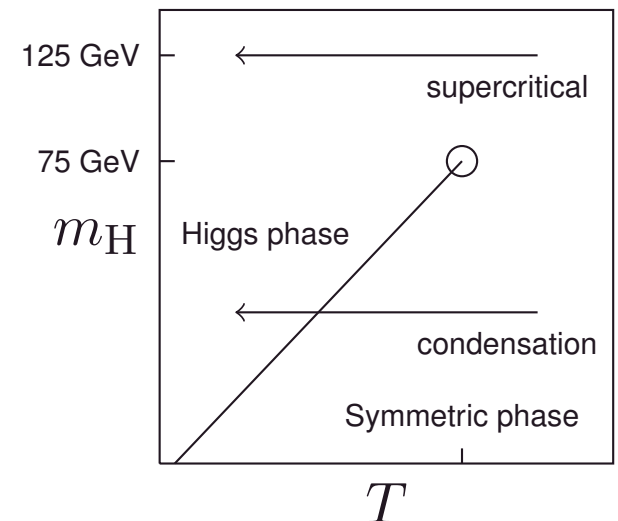
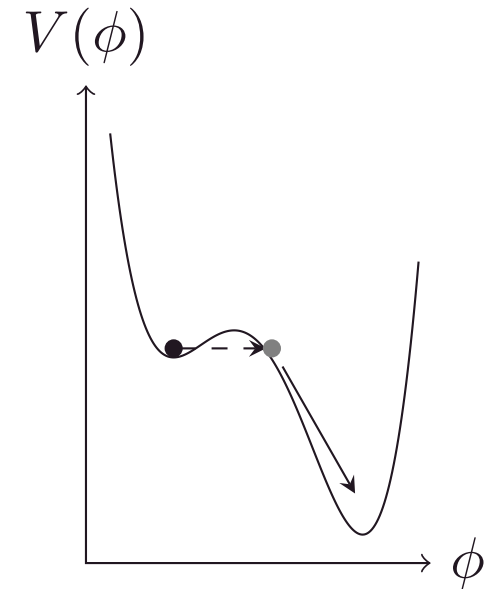
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Motivation and context

- In first order PTs bubbles nucleate, grow and collide; collisions produce gravitational waves
- Standard Model EW PT is a crossover, but first order generic in extensions (singlet, 2HDM, ...)
Andersen, Laine et al., Kozaczuk et al., Kamada and Yamada, Carena et al., Bödeker et al., Damgaard et al.
- First order PT around the EW scale *could* give right conditions for baryogenesis (but would then not give a good signal for GWs)
- Today: concentrate on simulations of thermal phase transitions at EW scale. What physics can we extract from the GW power spectrum?



What sources GWs at a thermal phase transition?

- Bubbles nucleate, bubble walls experience friction, energy goes into plasma, then:
 1. $h^2\Omega_\phi$: Bubble walls and shocks collide – ‘envelope phase’
 2. $h^2\Omega_{sw}$: Sound waves set up after bubbles have collided, before expansion dilutes KE – ‘acoustic phase’
 3. $h^2\Omega_{turb}$: MHD turbulence – ‘turbulent phase’
- These sources then add together to give the observed GW power:

$$h^2\Omega_{GW} \approx h^2\Omega_\phi + h^2\Omega_{sw} + h^2\Omega_{turb}$$

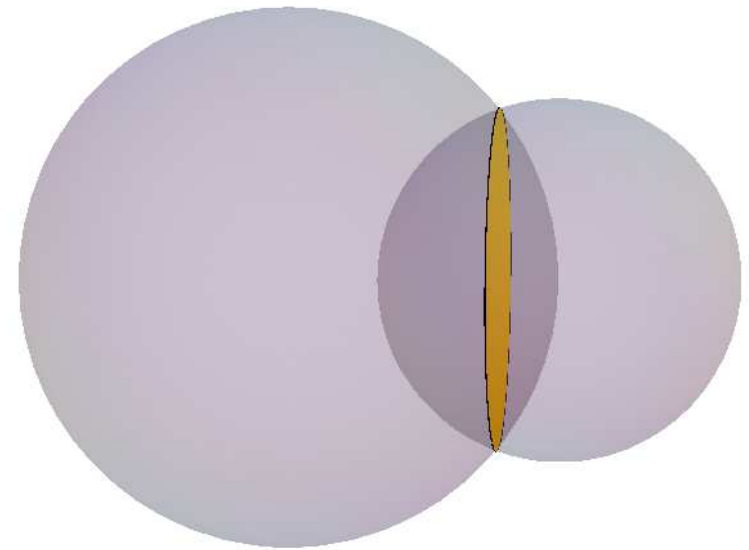
- Each phase’s contribution depends on the nature of the phase transition.
- Now: explore steps 1-2 through two types of simulations:
 1. The ‘envelope approximation’ $\rightarrow h^2\Omega_\phi$
 2. A field ϕ (‘Higgs’) coupled by friction to a fluid U^μ (‘plasma’) $\rightarrow h^2\Omega_{sw}$

1: Envelope [and thin wall] approximation

Kosowsky, Turner and Watkins; Kamionkowski, Kamionowsky and Turner

- Thin, hollow bubbles, no fluid
- Bubbles expand with velocity v_w
- Stress-energy tensor $\propto R^3$ on wall
- Overlapping bubbles \rightarrow GWs
- Keep track of solid angle
- Collided portions of bubbles disappear, sourcing gravitational waves
- Resulting power spectrum is simple
 - One length scale
(average bubble radius R_*)
 - Two power laws ($\omega^3, \sim \omega^{-1}$)
 - Amplitude

\Rightarrow 4 numbers define spectral form



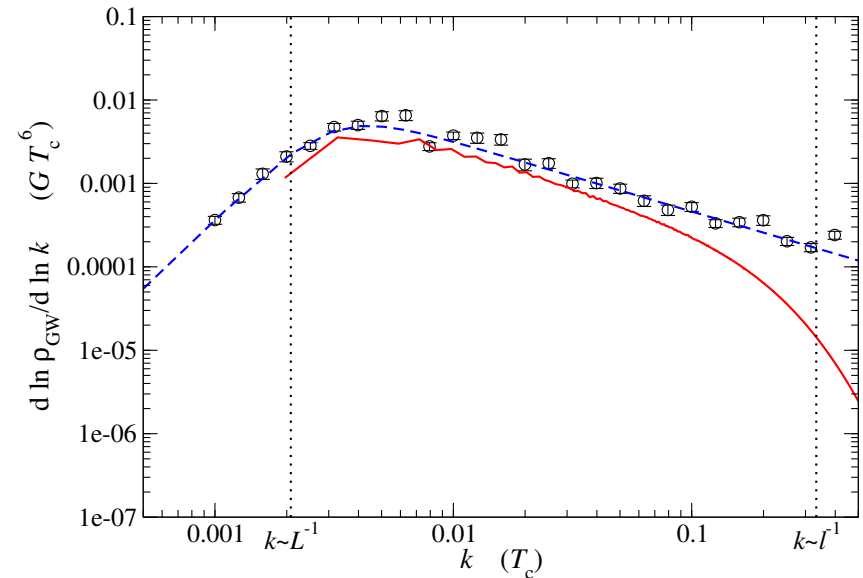
1: Making predictions with the envelope approximation

Espinosa, Konstandin, No and Servant; Huber and Konstandin

4-5 numbers parametrise the transition:

- α_{T_*} , vacuum energy fraction
- v_w , bubble wall speed
- κ_ϕ , conversion ‘efficiency’ into gradient energy $(\nabla\phi)^2$
- Transition rate:
 - H_* , Hubble rate at transition
 - β , bubble nucleation rate

→ ansatz for $h^2\Omega_\phi$



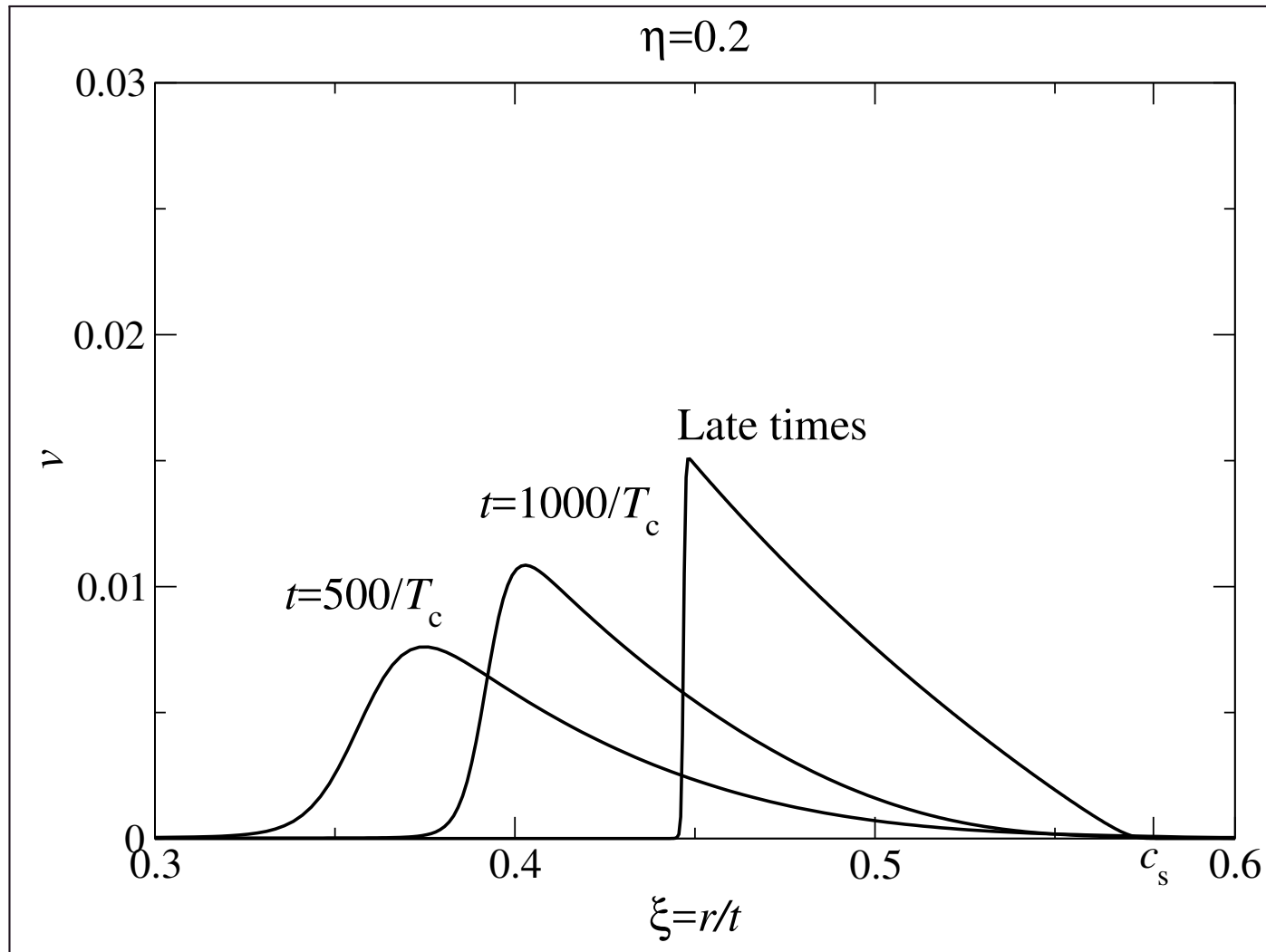
NB: applied to colliding shocks *instead of* walls ($\kappa = \kappa_f$), energy in GWs is

$$\rho_{\text{GW}} \propto \frac{0.11 v_w^3}{0.42 + v_w^2} \left(\frac{H_*}{\beta} \right)^2 \frac{\kappa_f^2 \alpha^2}{(\alpha + 1)^2}$$

assumes the shocks are **thin** and disappear after the bubbles collide: this is an underestimate; **the dominant source from the fluid KE is sound waves...**

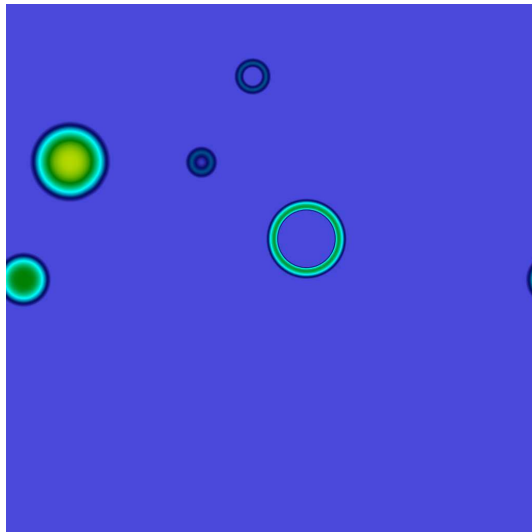
2: Velocity profile development - deflagration [optional movie]

Here, $\eta = 0.2$ (deflagration)

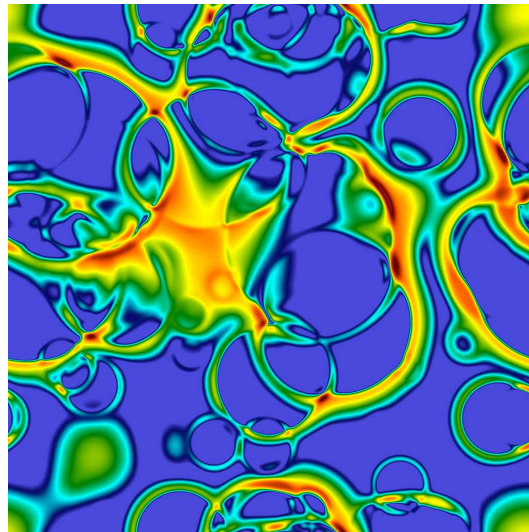


2: Simulation slice example [optional movie]

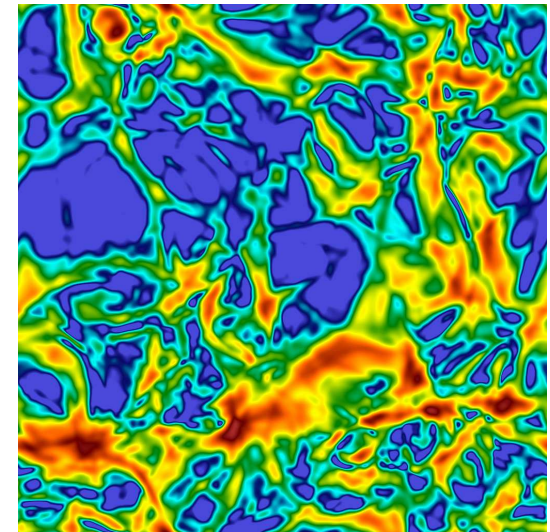
Simulations at 1024^3 , deflagration, fluid kinetic energy density, ~ 250 bubbles



$$t = 500 T_c^{-1}$$



$$t = 750 T_c^{-1}$$



$$t = 1000 T_c^{-1}$$

2: Lifetime of sound waves and increase in GW power

- Does the acoustic source matter?
 - Sound is damped by (bulk and) shear viscosity

Arnold, Dogan and Moore; Arnold, Moore and Yaffe

$$\left(\frac{4}{3}\eta_s + \zeta\right) \nabla^2 V_{\parallel}^i + \dots \Rightarrow \tau_{\eta}(R) \sim \frac{R^2 \epsilon}{\eta_s}$$

- Compared to $\tau_{H_*} \sim H_*^{-1}$, on length scales

$$R^2 \gg \frac{1}{H_*} \frac{\eta_s}{\epsilon} \sim 10^{-11} \frac{v_w}{H_*} \left(\frac{T_c}{100 \text{ GeV}}\right)$$

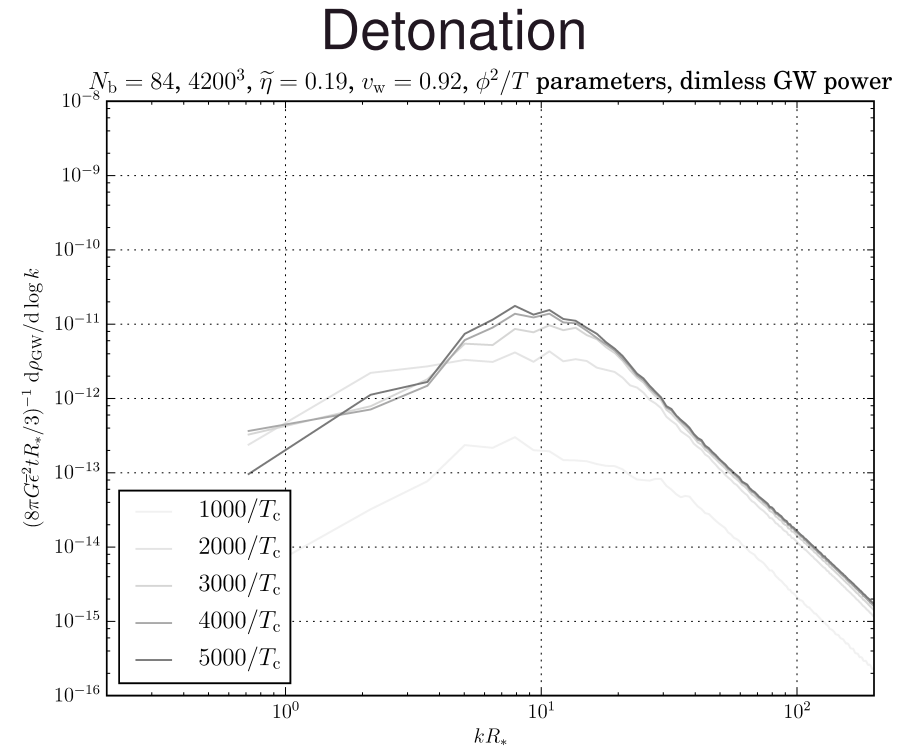
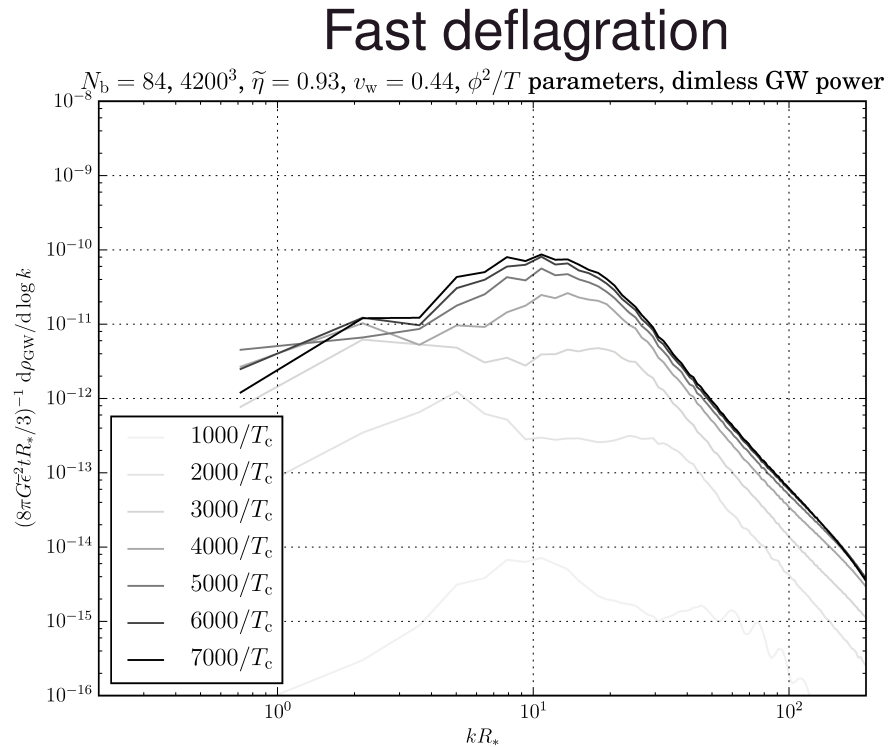
the Hubble damping is faster than shear viscosity damping.

- Does the acoustic source enhance GWs?
 - Yes, we have

$$\Omega_{\text{GW}} \approx \left(\frac{\kappa\alpha}{\alpha+1}\right)^2 (H_*\tau_{H_*})(H_*\xi_f) \Rightarrow \frac{\Omega_{\text{GW}}}{\Omega_{\text{GW}}^{\text{envelope}}} \gtrsim 60 \frac{\beta}{H_*}.$$

2: GW power spectra and power laws

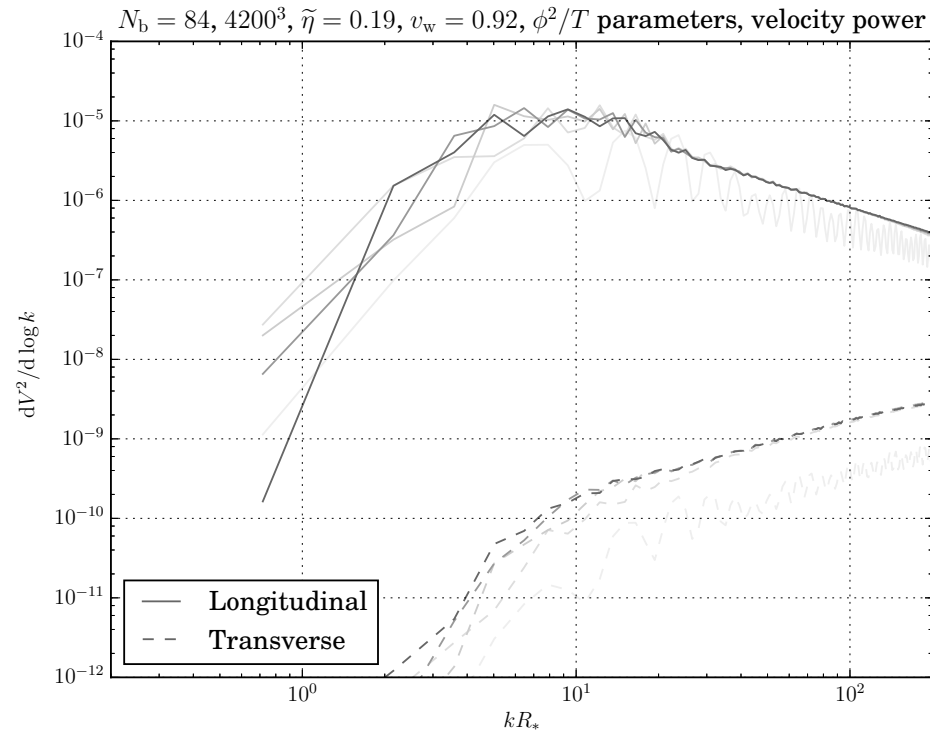
- Latest simulation results (1M hours per run, 4200^3 simulation volume):



- Approximate ω^{-3} to ω^{-4} power spectrum at high ω
- Expect causal ω^3 at low ω
- Curves scaled by t : source ‘on’ continuously until turbulence/expansion

→ power law ansatz for $h^2 \Omega_{\text{SW}}$

3: Transverse versus longitudinal modes – turbulence?



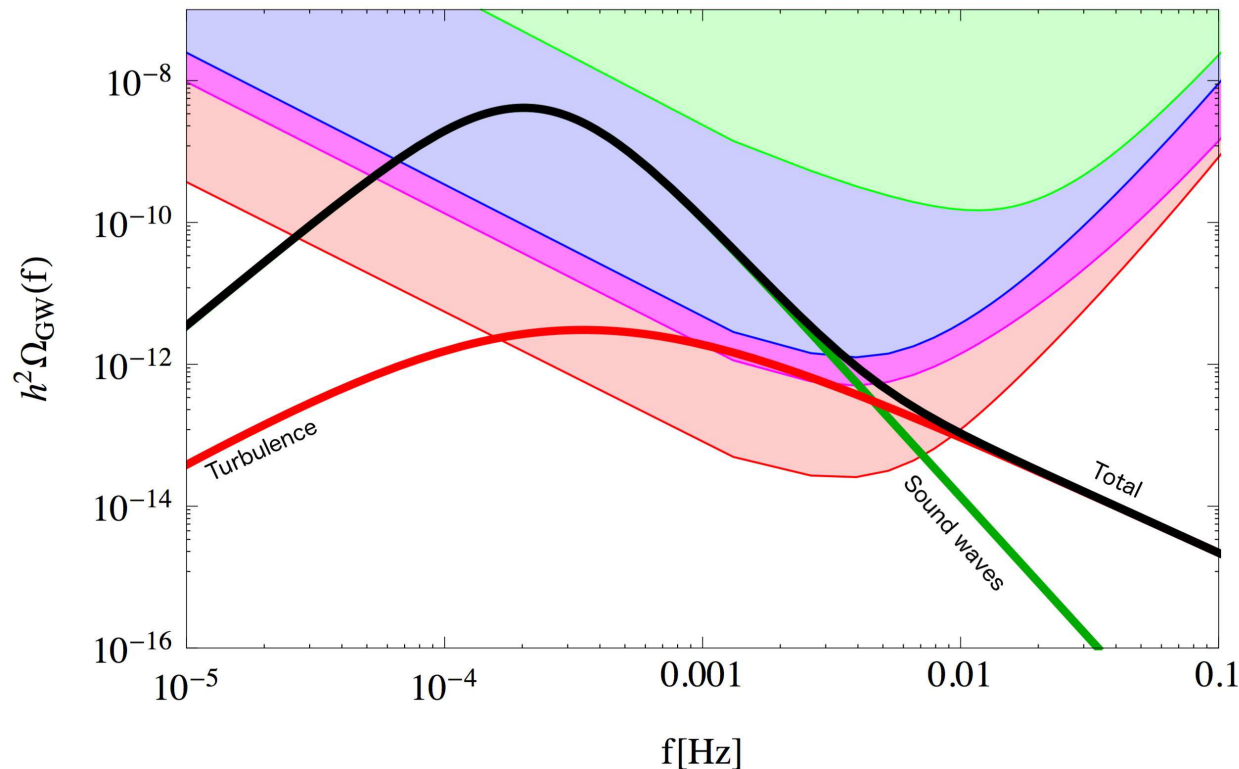
- Weak transition (small α): physics is linear; most power is in the longitudinal modes – acoustic waves, not turbulence
- Need stronger transitions or longer, larger simulations to model turbulence
- Use results from the literature [Caprini, Durrer and Servant](#)

→ power law ansatz for $h^2 \Omega_{\text{turb}}$

Putting it all together - $h^2\Omega_{\text{gw}}$

- We have three sources, $\approx h^2\Omega_{\phi}, h^2\Omega_{\text{sw}}, h^2\Omega_{\text{turb}}$
- We know how they vary as a function of $T_*, \alpha_T, v_w, \beta$
- Predict whether LISA can detect PT given a certain model

(example with $T_* = 100\text{GeV}, \alpha_{T_*} = 0.5, v_w = 0.95, \beta/H_* = 10$)



Check out eLISA CosWG report: JCAP 1604 (2016) 001 [arXiv:1512.06239]

Summary and outlook

- Now:
 - Have a good understanding of what happened during a first order PT, and implications for GWs
 - Recent work shows source is stronger than previously thought
 - acoustic source gives large enhancement
 - Hence many models yielding first order EWPTs can produce observable gravitational waves
- More to do:
 - Strong transitions, turbulence, instabilities
 - Wall velocities; connections with baryogenesis